



jerrysmith

Blogger

Location: United States > Southfileds

Website: <https://www.google.com/>

Years of Experience: 5-10

Employment Search: Si

Internships Available: Si

Showcase description

Jogging or running is a popular form of physical activity. About one in five Australians try running (or jogging) at some stage in their life. Running is an appealing exercise because it doesn't cost a lot to take part and you can run at any time that suits you. Some runners choose to participate in fun runs, athletics races or marathons. If you are interested in competing with other runners, contact your local running club.
